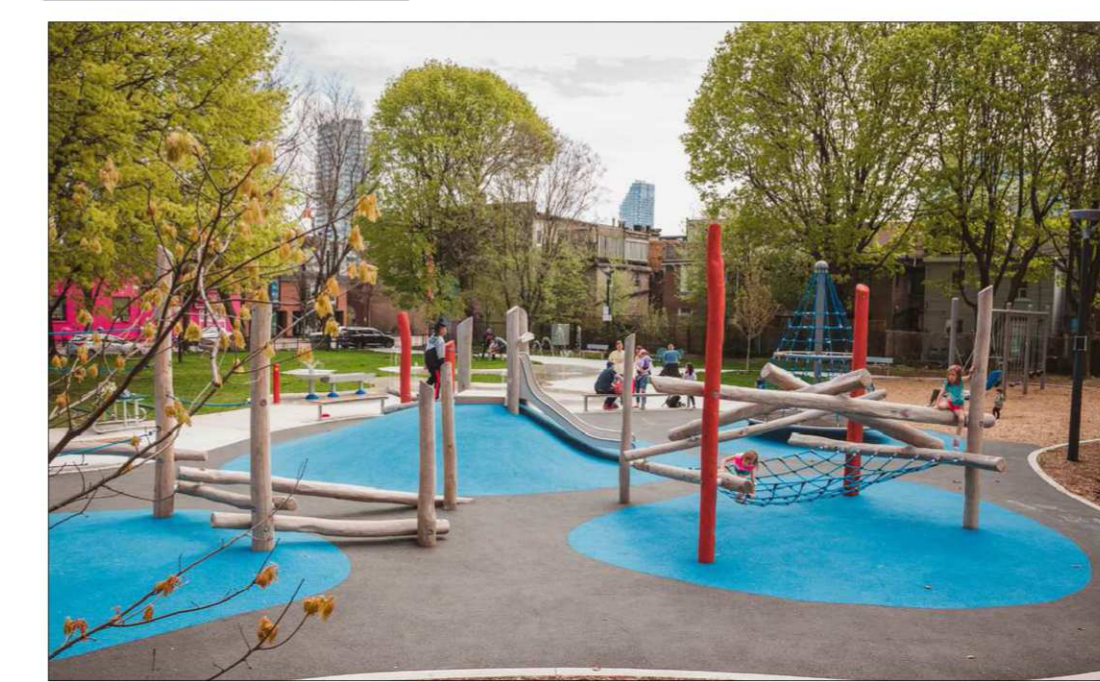


Plan A: Skylark Park
Scale 1:200 @ A1

Reference Images:



Universal Playscape



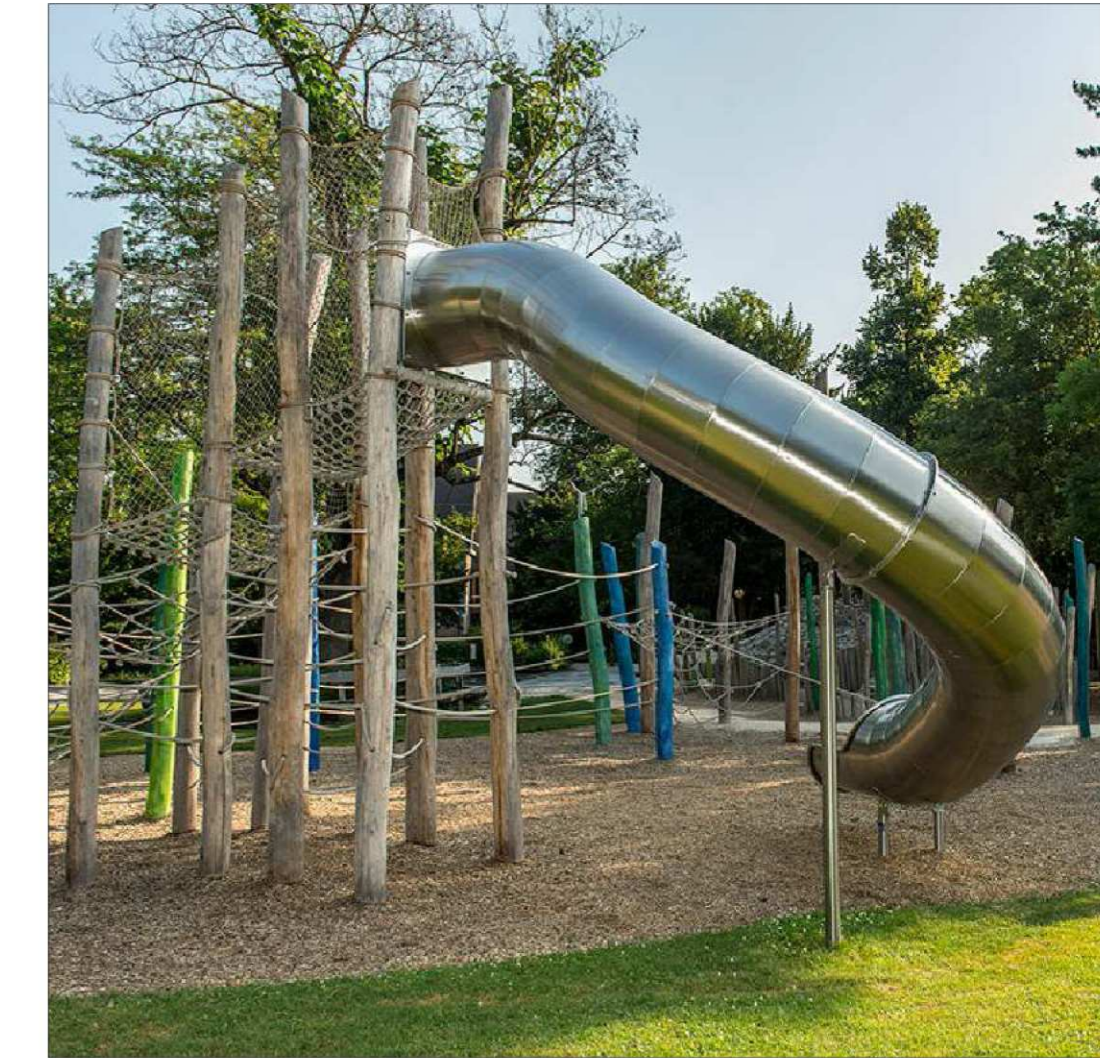
Basket Swing Combo (Creative Play or similar)



Wheelchair Swing



Steel Beam Pedestrian Footbridge



Feature Stainless Steel Slide

NOTES:

- Skylark Park - Local Park (8,150m²)
- Provision of LEAP Payscape (740m²)
- Universally Accessible Play
- Play for up to age 17years
- Provision of Fitness Area (240m²)
- All play spaces to be RoSPA or equivalent certified prior to taking in charge.

FSP10300
Cross Training & Street Workout - 130m² **KOMPAN** Let's play

With the FSP10300 everyone can enjoy a strength training matched to their individual abilities. The only requirement is the ability to stand, sit, push and pull. Standing is essential in nearly all our movements and activities, simulating the way we naturally move will train the body to perform efficiently in day to day life. From the standing position you can perform squats and lunges, training the leg and core muscles. By pushing and pulling the arms overhead you will be able to train all major arm, shoulder and back muscles. Because of the open design of the machine this exercise can also be done seated in a wheelchair. The adjustable equipment stands out with resistance adjustable devices that are used in a standing position. Resistance is adjusted with two controllers on the hydraulic pistons.

Product Line: Outdoor Fitness
Category: Fitness Solutions
Age from: 13+
Total height (CM): 1314
Safety Zone: 105 m²

SUSPENSION TRAINER; MAGNETIC BELLS; BARS
FAZ203 **KOMPAN** Let's play

The Parallel Bars are suitable for beginners who want to learn how to do dips. They can start with leaning push-ups against the bar, and can later move on to actual dips, which can initially be made easier by resting the feet on the stationary base. An innovative magnetic braking system in the Magnetic Bells allow the user to increase the resistance by increasing the speed of movement. The patented system also functions as brake when someone drops the magnetic bells and will reduce the impact significantly. The Magnetic Bells move freely up and down and can spin 360°. This allows the users to do exercises which are very similar to Medicine balls and Kettle Bell exercises.

Item no. FAZ20300-0960
General Product Information
Dimensions LxWxH: 1050 x 106 x 334 cm
Age Group: 13+
Capacity: 9 adults
Colour Options: 1

86 different exercises

1 / 4 / 2020



Location Plan - N.T.S

Proposed Outdoor Gym Equipment

Rev	Date	Drawn	Checked	Description

Notes:

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Project: Portmarnock South Phase 1D	Project No. 6842	BSM Est. 1968
Site: Open Space - Local Park Skylark Park	Drawing No. 305 Rev. 00	
Scales: As Shown @ A1	Status: Planning	Date: November 2021
Client: BSM	Chd: DM	Passed: TB